

# **6th London Karate Cup and TKFGB Judges Refresher Course 22-23.03.2025**

On 22-23 March, the Heron Hall Academy in London, Enfield, hosted three events:

- TKFGB Judges Refresher Course,
- 6th London Karate Cup
- Best Competitor of 2024 Awards Ceremony (separate web post)

The events have been organised by London Karate-Do, Nyuanshin Enfield, and the Traditional Karate-Do Federation of Great Britain.

## **Judges Refresher Course**

- A total of 20 judges from the TKFGB gathered for a refresher course aimed at standardizing judging criteria.
- The primary goal was to ensure consistency and fairness in the upcoming 6th London Karate Cup.

## **6th London Karate Cup**

- The competition featured 70 participants, with ages spanning from 6 to 46 years old.
- Competitors showcased their skills across a variety of categories: individual kata, individual kumite, ko-go kumite, Enbu, and team kata.
- The event was characterized by a blend of competitiveness and a friendly atmosphere. While some competitors shed tears, the overall mood was filled with joy and smiles.
- The competition was very well organized and executed smoothly, with the judges demonstrating fairness and good competence.
- The high standard of performance from the competitors indicated their readiness for future international competitions.

Overall, the event highlighted the good level of judging and created a positive, competitive environment for karate practitioners of all ages and skill levels.