

# **ESKA Individual Kata&Kumite Competition, 25th January 2026**

TKFGB clubs competed as guests at the ESKA Individual Kata & Kumite Competition on January 25th, with students from across our federation testing their kata and kumite in a different competitive environment.

Our clubs performed well, bringing home 72 medals across both disciplines. Traditional Karate Academy Boston led our federation's performance with 29 medals (10 gold, 10 silver, 9 bronze), demonstrating impressive depth across their student base. TKA Peterborough followed with 15 medals, while TKC Okami secured 10. Strong contributions came from Karate-Do London (7 medals), Traditional Karate Academy Luton (4 medals), Traditional Karate Academy Lincoln (3 medals), Nyuanshin Traditional Karate Club (2 gold medals), and Champion Karate Club Reading (2 gold medals).

Competition provides students with something training alone cannot – the pressure of performing under scrutiny, the challenge of adapting to unfamiliar opponents, and the experience of presenting their technique to judges from outside their usual training environment. What stood out across the day wasn't just technical performance but the focus our students brought to their age categories, with several competitors testing themselves at this level for the first time, showing remarkable growth between early rounds and finals.

Well done to all TKFGB students who competed, and our thanks to ESKA for the invitation and for organizing an event that gave our federation's clubs a valuable proving ground for their training.

**Results by Clubs:**



## Official results:

<https://eska.co.uk/eska-comp126-results/>

(Photo: courtesy of ESKA Karate <https://eska.co.uk>)

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# TKFGB awards 2025

✘ The TKFGB held its 2025 Awards ceremony on Saturday, January 10th in Boston, Lincolnshire, hosted by TKA Boston. Around 100 members of the traditional karate community gathered for the occasion, including competitors, coaches, judges, and parents from across the federation. The event was further distinguished by the attendance of the Mayor of Boston, Barrie Pierpoint, and his deputy Patricia Marson, underscoring the significance of traditional karate-do within the local community.

The ceremony was led by Sensei Zbigniew Godzisz, supported by vice-chairmen Andrzej Czyrka and Paweł Kutermankiewicz, celebrating excellence across multiple dimensions of traditional karate practice. The pinnacle achievement was Adriana Peiseniece being named TKFGB Athlete of the Year 2025, recognizing a remarkable three-year streak of sustained excellence at the highest level. Her 2025 performance was particularly outstanding on the European stage, capturing five medals at the ITKF European Championship in Serbia – including gold in the prestigious Fukugo (combined kata and kumite), gold in kumite individual, silver in kumite individual, and bronze medals in both en-bu and team kata. She also earned two silver medals at the WTKU European Championship in Slovenia. Awards honored not only competitive achievement but the entire ecosystem that makes excellence possible: dedicated coaches

who develop talent, qualified judges achieving internationally recognized categories (Class A, B, and C), tireless organizers who create opportunities, the parents whose unwavering support makes it all possible, and the competitors themselves whose commitment, effort, and determination embody the spirit of karate-do.

Full results and details of all awards are available in the attached presentation.

[Click to download](#)

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# **International Traditional Karate-Do Seminar with Sensei Avi Rokah, Krakow, 17-18.05.2025**

Over two days, 17-18 May 2025, we witnessed an exceptional training opportunity under the guidance of Sensei Avi Rokah, 8th Dan from the United States. The seminar, organized by the Kraków Traditional Karate Club, attracted over 200 karatekas representing ten countries: Poland, the Czech Republic, Lithuania, Ukraine, Great Britain, Moldova, Italy, Germany, Austria, and Uruguay.

Our Federation was represented by Andrzej Czyrka, Mario Kalli, and Валентина Коровина (Valya Korowina)

For two days, we had the privilege of learning from a direct student of Master Hidetaka Nishiyama – Sensei Avi trained under his watchful eye for 27 years! Sensei Avi's visits to Poland consistently generate tremendous interest, and it remains a profound honor for us to train and develop under the

instruction of one of the world's finest karate masters.

Notable participants included PZKT President Sensei Krzysztof Neugebauer; Sensei Maciej Grubski, the first World Champion in enbu alongside Mariusz Lewandowski; Maciej Benderski, President of the Polish Committee of Non-Olympic Sports; and Anatol Kałasznikow, President of the European School Sports Federation.

The seminar also featured a productive WTKF board meeting with President Sensei Avi Rokah, Secretary General Larisa Savchenko, and other board members. This fruitful gathering will undoubtedly yield positive outcomes in the future.

Sensei Avi – thank you deeply for these two days of training, for sharing your invaluable knowledge and positive energy. We eagerly look forward to your next visit!

✘ At the end of the seminar, Sensei Mario passed his 5th Dan grading – a remarkable achievement that demonstrates his unwavering devotion and years of committed dedication to Traditional Karate. His high level of technique, understanding, and character exemplifies the true spirit of a master practitioner – congratulations!

Photos from the seminar (courtesy of [Krakowski Klub Karate Tradycyjnego](#)):

[Part1](#)

[Part2](#)

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# 10-12th April 2015: Seminar

# with sensei Włodzimierz Kwiecinski – 7 Dan

A special seminar with *sensei Włodzimierz Kwiecinski*, 7th dan, the **President of World Traditional Karate-Do Federation**, will be held in Boston and Norwich during the weekend of 10 – 12th April 2015.

*Master Kwiecinski* is arriving to The UK straight from his journey to Japan.

The seminar agenda includes the following:

- Gneral all-grade training
- Specialist Master training
- Master grading

The seminar is an open event and all the athletes who want to take part are invited to do so. The times and venues are contained in the attachment.

