

Stara Wies – Gasshuku 2016




The Gasshuku 2016 and WTKF International Summer Camp took place at the Japanese Martial Arts and Sport Centre 'Dojo – Stara Wies' in Poland on August 16-21. The seminar gathered 320 participants from 15 countries: Armenia, Austria, Brazil, Czech Republic, Italy, Lithuania, Romania, Russia, Spain, Ukraine, United Kingdom, Uruguay, USA, Uzbekistan and Poland.

The trainings were conducted by Sensei Albert Cheah (USA), Sensei Mahmoud Tabassi (USA), Sensei Nelson Carrion (Uruguay) and Sensei Włodzimierz Kwiecinski (Poland).

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TKFGB squad training and Southern Cup “Bournemouth 2016”

 Over the weekend (11-12.06.2016) our TKFGB team trained hard in Bournemouth, participating in the squad training on Saturday and Traditional Karate Southern Cup “Bournemouth 2016” on Sunday. Thanks to our hosts from Traditional Karate Club OKAMi and a good weather (!), on the Saturday's afternoon juniors, seniors and families have enjoyed great BBQ with games, competitions (arm wrestling) and ...great polish sausages
□ Good time, good fun, thank you all for great contributions.

1st Traditional Karate Southern Cup “Bournemouth 2016” results:

Individual Kata, 10-7 kyu – under 10 years:

- 1) Zosia Labuda – TKA Boston
- 2) Wiktoria Kawecka - TKC Okami Bournemouth
- 3) Zuzanna Skrzypczak - TKC Okami Bournemouth
- 3) Miron Wozniak - TKC Okami Bournemouth

Individual Kata, 6-4 kyu – under 10 years:

- 1) Matthew Everett - TKC Okami Bournemouth
- 2) Dawid Wisniewski - TKC Okami Bournemouth
- 3) Patryk Kojro - TKC Okami Bournemouth
- 3) Ernest Skarzinskij - TKA Boston

Individual Kata, 9-7 kyu – 10 years old and above:

- 1) Kacper Leszczynski - TKC Okami Bournemouth
- 2) Adriana Golenkowa – TKA Lincoln
- 3) Jason Lopez - TKA Loughborough

Individual Kata, 6–1 kyu – 10 years old and above:

- 1) Adriana Peiseniece - TKA Boston
- 2) Filip Maichrzak - TKA Boston
- 3) Kacper Wielgosz - TKA Spalding
- 3) Jakub Kowalski – TKC Okami Bournemouth

Seniors Individual Kata 10-6 kyu:

- 1) Tabhita Read - WTKA
- 2) Franky Parker - WTKA
- 3) Elzbieta Wozniak - TKC Okami Bournemouth
- 3) Julien Andree - WTKA

Seniors Individual Kata 5-1 kyu:

- 1) Alex Podolskiy - WTKA
- 2) Marek Wozniak - TKC Okami Bournemouth
- 3) Andrew Peisenieks - TKA Boston
- 4) Klara Haluzova - TKC Okami Bournemouth

Team Kata 5–1 kyu:

- 1) TKAB 1 - TKA Boston
Kornelia Malczewska, Filip Majchrzak, David Swiech
- 2) TKAB 2 - TKA Boston
Adriana Peiseniece, Timofiej Kabak, Kacper Wielgosz
- 3) Okami 4 - TKC Okami Bournemouth

Matthew Everett, Jakub Kowalski, Kacper Leszczynski

Team Kata 10–6 kyu:

1) Okami 3 - TKC Okami Bournemouth

Patryk Kojro, Dawid Wisniweski, Miron Wozniak

2) Okami 2 – TKC Okami Bournemouth

Zuzanna Skrzypczak, Wiktoria Kawecka, Joshua Everett

3) Okami 1 - TKC Okami Bournemouth

Misaki Clarks, Anna Leszczynska, Laura Riseborough

En-bu boys:

1) Okami 6 - TKC Okami Bournemouth

Jakub Kowalski, Matthew Everett

2) Okami 5 - TKC Okami Bournemouth

Dawid Wisniewski, Patryk Kojro

En-bu mixed:

1) TKA Boston

Kornelia Malczewska, Filip Majchrzak

2) TKC Okami Bournemouth

Zuzanna Skrzypczak, Dawid Wisniewski

3) TKC Okami Bournemouth

Anna Leszczynska, Patryk Kojro

CONGRATULATIONS!!!

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Traditional Karate Southern Cup “Bournemouth 2016”, 12.06.2016



Traditional Karate Southern Cup “Bornemouth 2016” Programme

June 12th – 9am – 2pm

Categories:

Juniors: kata ind., kata team, enbu

– kata ind. in two age groups up to 10, and 10above

9-7kyu

6-4kyu

3-1kyu

– kata team

up to 10

10 above

– enbu

man/man

man/women

if there won't be enough of competitors only one age category will be starting (instead of two)

Seniors: kata ind.

9-6kyu

5-1kyu

Download application form [here](#).

Address:

The Bourne Academy; Hadow Road; Bournemouth; BH10 5HS

Website: thebourneacademy.com

For a map click [here](#) – hope to see you all!

TKFGB

National

Squad

Training, Enfield, 15.05.2016



Well spent and very well attended training session of our National Squad, this time held in Enfield, North London. Starting off with good warm up, the session was focused on kata training methodology followed by preparation for kumite (sparring). Almost all participants had an opportunity to take part in mini-competitions which concluded the whole session. Well done, everybody!

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