

TKFGB National Squad training and 4th Peterborough Traditional Karate-Do Cup



TKFGB National Squad training and 4th Peterborough TK Cup – this year the June event was highlighted by the arrival of the legendary Shotokan Karate master and coach, Sensei Justo Gomez, 7th Dan, of Argentina. Sensei Gomez, a multiple World Champion, accepted the invitation and delivered two days of in-depth study of kumite (fighting) and bunkai (application of kata). Over 150 athletes, local and international gathered to make the most of the meaningful explanations. What is equally important, everyone drew from Sensei's spirit and the energy was almost tangible across the dojo.

Sensei Gomez also honoured the competition that followed later on Sunday and passed on his valuable feedback.

The 4th Peterborough TK Cup ended up as a tough competition, with the athletes showing both the skills and will to fight. Overall, the event exceeded the initial expectations and left everyone with tonnes of food for thought and inspiration for future training.

Seminar with Sensei

Włodzimierz Kwieciński 8 Dan – 12.04.2015

On 10-12 April 2015 **Traditional Karate-Do Federation of Great Britain** had the honour to host the **President of the World Traditional Karate-Do Federation**, with headquarters in Geneva, *sensei Włodzimierz Kwieciński* 8th dan.

Once again, students of traditional karate in the UK had an opportunity to practise with such an outstanding master of karate, as is *sensei Kwieciński*. But this time it was a particularly special event, given the fact that for the first time it was organized by the newly formed traditional karate federation in the UK.

This year's seminar, conducted by *sensei Włodzimierz Kwieciński*, was held in two places. Namely, the specialist training session on the first day, designed for brown and black belts only, was held in Norwich (*University of East Anglia*) and was addressed to members of the **Traditional Karate-Do Federation of Great Britain**, as well as members our friendly organization – **Eastern Shotokan Karate Association (ESKA)**.

During next two days the seminar took place in Boston, where there was a general training session, open to all levels, and specialized kumite and kata sessions – masterclasses, designed for the most advanced students of this martial art.

The last point of *sensei's* stay was to exam dan master degrees, which resulted in 1 dan master degrees having been awarded to:

Andrei Skarzynskij – Traditional Karate Academy Boston

Jarosław Zięciak – Traditional Karate Club 'Okami' Bournemouth

Igor Zeler – Traditional Karate Academy Peterborough

During his visit to Boston *sensei W. Kwieciński* together with

TKFGB Board of Directors, met with representatives of the town's highest authorities, including the former Mayor and current UK Parliament candidate, *Mr. Paul Kenny*, his wife and other members of the city council of Boston.

This year's master seminar attracted great interest also among the Polish community media. On Friday, April 10th *sensei Włodzimierz Kwieciński* and the **President of TKFGB Zbigniew Godzisz**, were the guests of the 'Special Mission' broadcast at Polish Radio London, which was devoted entirely to the subject of traditional karate.

We are very proud that sensei Włodzimierz Kwiecinski, despite his very tight schedules, made time for us, and that we could learn from this outstanding personality. The seminar, attended by nearly 150 people, is the indicator for us and a great motivation for further work. I am sure that it will also contribute to the further dynamic development of our new federation, which already brings together 10 clubs and hundreds of people exercising in them

– summed up the President of Traditional Karate-Do Federation of Great Britain, *sensei Zbigniew Godzisz* 3rd Dan.

[print_gllr id=420]

TKFGB demonstrations in Oxfordshire – 25.03.2015

Members of the **TKFGB National Junior and Senior Squad** accompanied by their *Chief Coach, Zbigniew Godzisz*, arrived in Kingham, Oxfordshire to support a special Karate demonstration held at the local Kingham Hill College.

On 21st March over 200 students gathered to see the Karate as presented by *sensei Lukasz Radwanski*, multiple World and International Champion and medallist. The team also visited Blockley C of E Primary School in Morton-in-Marsh with another display of Karate skills. Both events were enthusiastically welcomed and were followed by numerous questions.

The demonstrations are supposed to give rise to a cooperation between **Western Traditional Karate Academy** and the aforementioned schools. The new classes are planned to launch soon after the end of the school Easter break, on the schools' premises. It is a part of TKFGB's initiative for nationwide collaboration with primary and secondary schools within the sportive and educational programme of raising physical and mental health awareness.

[print_gllr id=358]

10-12th April 2015: Seminar with sensei Włodzimierz Kwiecinski – 7 Dan

A special seminar with *sensei Włodzimierz Kwiecinski*, 7th dan, the **President of World Traditional Karate-Do Federation**, will be held in Boston and Norwich during the weekend of 10 – 12th April 2015.

Master Kwiecinski is arriving to The UK straight from his journey to Japan.

The seminar agenda includes the following:

- General all-grade training

- Specialist Master training
- Master grading

The seminar is an open event and all the athletes who want to take part are invited to do so. The times and venues are contained in the attachment.

