

# **ESKA Individual Kata&Kumite Competition, 25th January 2026**

TKFGB clubs competed as guests at the ESKA Individual Kata & Kumite Competition on January 25th, with students from across our federation testing their kata and kumite in a different competitive environment.

Our clubs performed well, bringing home 72 medals across both disciplines. Traditional Karate Academy Boston led our federation's performance with 29 medals (10 gold, 10 silver, 9 bronze), demonstrating impressive depth across their student base. TKA Peterborough followed with 15 medals, while TKC Okami secured 10. Strong contributions came from Karate-Do London (7 medals), Traditional Karate Academy Luton (4 medals), Traditional Karate Academy Lincoln (3 medals), Nyuanshin Traditional Karate Club (2 gold medals), and Champion Karate Club Reading (2 gold medals).

Competition provides students with something training alone cannot – the pressure of performing under scrutiny, the challenge of adapting to unfamiliar opponents, and the experience of presenting their technique to judges from outside their usual training environment. What stood out across the day wasn't just technical performance but the focus our students brought to their age categories, with several competitors testing themselves at this level for the first time, showing remarkable growth between early rounds and finals.

Well done to all TKFGB students who competed, and our thanks to ESKA for the invitation and for organizing an event that gave our federation's clubs a valuable proving ground for their training.

**Results by Clubs:**



**Official results:**

<https://eska.co.uk/eska-comp126-results/>

(Photo: courtesy of ESKA Karate <https://eska.co.uk>)