

TKFGB Squad Training – 17.05.15

As every month, this event took a lot of interest from **TKFGB National Squad** members but also from visitors and observers.

Following the initial assumptions for the participation of the **Senior Team at European Championships** in Vilnius later this year, kumite training was highlighted in the agenda.

The topic was work with distance and body dynamics.

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Seminar with Sensei Włodzimierz Kwieciński 8 Dan – 12.04.2015

On 10-12 April 2015 **Traditional Karate-Do Federation of Great Britain** had the honour to host the **President of the World Traditional Karate-Do Federation**, with headquarters in Geneva, *sensei Włodzimierz Kwieciński* 8th dan.

Once again, students of traditional karate in the UK had an opportunity to practise with such an outstanding master of karate, as is *sensei Kwieciński*. But this time it was a particularly special event, given the fact that for the first time it was organized by the newly formed traditional karate federation in the UK.

This year's seminar, conducted by *sensei Włodzimierz Kwieciński*, was held in two places. Namely, the specialist

training session on the first day, designed for brown and black belts only, was held in Norwich (*University of East Anglia*) and was addressed to members of the **Traditional Karate-Do Federation of Great Britain**, as well as members our friendly organization – **Eastern Shotokan Karate Association (ESKA)**.

During next two days the seminar took place in Boston, where there was a general training session, open to all levels, and specialized kumite and kata sessions – masterclasses, designed for the most advanced students of this martial art.

The last point of sensei's stay was to exam dan master degrees, which resulted in 1 dan master degrees having been awarded to:

Andrei Skarzynskij – Traditional Karate Academy Boston

Jaroslav Zięciak – Traditional Karate Club 'Okami' Bournemouth

Igor Zeler – Traditional Karate Academy Peterborough

During his visit to Boston *sensei W. Kwieciński* together with TKFGB Board of Directors, met with representatives of the town's highest authorities, including the former Mayor and current UK Parliament candidate, *Mr. Paul Kenny*, his wife and other members of the city council of Boston.

This year's master seminar attracted great interest also among the Polish community media. On Friday, April 10th *sensei Włodzimierz Kwieciński* and the **President of TKFGB Zbigniew Godzisz**, were the guests of the 'Special Mission' broadcast at Polish Radio London, which was devoted entirely to the subject of traditional karate.

We are very proud that sensei Włodzimierz Kwiecinski, despite his very tight schedules, made time for us, and that we could learn from this outstanding personality. The seminar, attended by nearly 150 people, is the indicator for us and a great motivation for further work. I am sure that it will also contribute to the further dynamic development of our new federation, which already brings together 10 clubs and

hundreds of people exercising in them

– summed up the President of Traditional Karate-Do Federation of Great Britain, *sensei Zbigniew Godzisz* 3rd Dan.

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Cotswolds Karate demonstrations – 16.04.15

WTKA (Western Traditional Karate Academy) and **TKFGB** organised demonstrations at the primary and secondary schools of *Cotswolds* and Great Rissington.

The displays were welcomed enthusiastically by both the students and the staff. They showed a lot of genuine interest and attention which eventuated in starting new groups for the beginning Karate athletes.

Big thanks to TKFGB team for your commitment, positive attitude and good fun.

The results will be seen soon with the kick off of the new karate classes.

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TKFGB demonstrations in

Oxfordshire – 25.03.2015

Members of the **TKFGB National Junior and Senior Squad** accompanied by their *Chief Coach, Zbigniew Godzisz*, arrived in Kingham, Oxfordshire to support a special Karate demonstration held at the local Kingham Hill College.

On 21st March over 200 students gathered to see the Karate as presented by *sensei Lukasz Radwanski*, multiple World and International Champion and medallist. The team also visited Blockley C of E Primary School in Morton-in-Marsh with another display of Karate skills. Both events were enthusiastically welcomed and were followed by numerous questions.

The demonstrations are supposed to give rise to a cooperation between **Western Traditional Karate Academy** and the aforementioned schools. The new classes are planned to launch soon after the end of the school Easter break, on the schools' premises. It is a part of TKFGB's initiative for nationwide collaboration with primary and secondary schools within the sportive and educational programme of raising physical and mental health awareness.

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