

TKFGB Squad training, Bourton-on-the-Water, 12.03.2017.



Last Sunday the TKFGB Squad met again, this time in Bourton-on-the-Water (Gloucestershire). Led by Sensei Lukasz Radwanski, solid 3 hours of training were focused on kata (first part) and elements of kumite tactics (second part). We thoroughly enjoyed Sasoi and Kuzushi Waza (invitation and sweeping techniques) in practice!